



## Balance and Motion for Health

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Dr. O'Halloran was the founding owner of Family Health Chiropractic Center in Foster City and ran a successful practice for fifteen years.

She provided personalized healthcare to Chiropractic Patients and specialized safety training for corporate and government clients.

With Dr. O'Halloran, training programs are effective, fun and grounded in her extensive knowledge of physiology and preventative healthcare. This makes her uniquely qualified to provide customized, easily implemented, and sustainable safety programs.

A California native, born and raised in San Mateo, she has recently relocated to Sonoma County and founded a new company Balance & Motion for Health!